## 2005 My Marathon Challenge®

e have had a good response to the 2005 MY Marathon Challenge©, and we would like to thank all those who have participated in the challenge.

There have been some unusual, difficult and brave

challenges, from a sponsored swim, to a tandem handglide! You can read some of our reader's stories below.

We were deeply touched by the very generous donation of over £500 from an anonymous donor; we really do appreciate your kind generosity

Some of our readers have contacted us with their challenges, and we really want to continue to receive your stories. Just contact abi@msrc.co.uk with your story and any photographs we can use.

## My Marathon Challenge - Your Stories

Annie had a novel way of involving friends and family in her challenge. Near to Annie's home is a picturesque walk with a distance of approximately one mile. Annie has roped in 26 friends and family to cover the one mile distance and charged them £10 to take part! Annie has been accompanied by her trusty Collie, Bailey, who has certainly enjoyed the extra 26 walks!

Zach's granddad has MS, so Zach got his class involved in a sponsored silence. Much to the teacher's delight, the class of seven year olds managed to stay quiet for the whole 26 minutes! To celebrate their completed challenge, they then broke into a rousing rendition of "Way to Amarillo"!!



Heather is attempting 26 minutes on the treadmill at her local gym! This is certainly going to be a marathon challenge and already, Heather has been given lots of support. Her Marathon Challenge posters are everywhere, and she has been featured in her

local press! Heather's challenge will take place next month, and we wish her much success with her challenge.



Up, up and away!

Sylvie had a brilliant challenge in attempting a tandem handglide from 2620 feet! It was an exhilarating time and Sylvie said "I was on a total high and couldn't stop smiling, the hang-gliding had exceeded all my expectations!" What a wonderful experience and we congratulate Sylvie on her own Marathon Challenge®.

Some other challenges have included a sponsored swim with 26 lengths of the pool, one family are attempting to wash 26 cars and one brave soul gave up 26 glasses of wine! Now that's what we call a challenge!

We would love to hear your stories, so please do let us know what your challenge was and how it went. If you haven't taken up the My Marathon Challenge®, we hope that some of these stories will inspire you, and that you will take on the 2005 MY MARATHON CHALLENGE®.