

Over The Edge – Sheffield Abseil



"Just don't look down!"

On the roof Sylvia Brown gets the hang of things

That seems to be the trick for abseiling down the nine floor Bristol Hotel in Sheffield.

"Without a doubt, a once in a lifetime experience," said 19 year-old Peter Gilbert, who was more than glad to safely reach the ground. "When you step over the edge at the top, you have no idea how scary it is."

His mother Nicola, who has MS, knows exactly how scary it is. "Hideous!" was her verdict. Buffeted by cold winds at the top, and too far from the wall to gain a foothold, "you're just sort of dangling there."

For intrepid Sylvia Brown, who went down the wall with ace rock climber Ben Anderson, it was "fantastic. The hardest part is going over the edge and trusting the ropes. But you know it's perfectly safe."

Photography by Russell Skidmore

The Sheffield abseil team, who raised more than £1000 for the MSRC were:

Nicholas Hall

Tim Clewse

Gillian Graham

Tim Wilson

Nicola Gilbert

Peter Gilbert

Sylvia Brown

